

# RED SPIRIT WOMAN

EXCLUSIVE WOMEN'S RETREAT IN PROVENCE

SEPTEMBER 2024



**JOIN KATHLEEN ON A MAGICAL JOURNEY INSPIRED BY THE HISTORY OF MARY MAGDALENE IN SOUTHERN FRANCE. AS WE FOLLOW HER FOOTSTEPS, WE WILL AWAKEN THE POWER OF OUR OWN INTUITION, CONNECT WITH THE BEAUTY OF THIS SACRED LAND, AND FILL OURSELVES WITH THE ENERGY OF THE DIVINE FEMININE. ENJOYING FELLOWSHIP AND WONDERFUL FRENCH FOOD AND WINE ALONG THE WAY.**

**THIS TOUR IS PART SPIRITUAL PILGRIMAGE, PART ADVENTURE, AND PART VACATION. KATHLEEN LIVED IN THE REGION FOR THREE YEARS AND VISITED THESE SITES MANY TIMES RESEARCHING HER NOVEL, RED SPIRIT WOMAN. MAGDALENE'S HISTORY AND LEGACY HAS CHANGED HER LIFE AND WILL INSPIRE YOURS, TOO!**

# DAY 1 - SATURDAY

## ARRIVAL IN PROVENCE

PICK UP AT MARSEILLE AIRPORT (MOST INTERNATIONAL FLIGHTS ARRIVE AROUND 10AM). WE'LL DRIVE A SHORT DISTANCE TO OUR BOUTIQUE HOTEL IN THE VILLAGE OF ST. MAXIMIN LA ST. BAUME. WE WILL ENJOY LUNCH ON THE TERRACE. SETTLE INTO YOUR VERY COMFORTABLE ROOM, HAVE A REST, OR WALK THE COBBLESTONE STREETS WITH QUAIN T SHOPS.

IN THE EVENING WE'LL GATHER FOR DINNER AT THE INN FOR AN INTRODUCTION TO THE WEEK'S PROGRAM.



MARSEILLE AIRPORT



TERRACE DINING



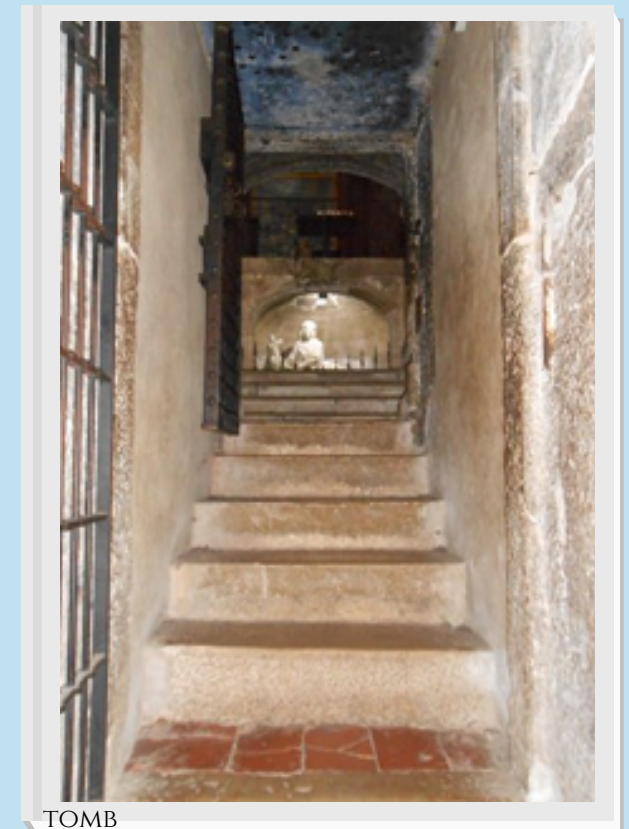
HOTEL DE FRANCE

## DAY 2 - SUNDAY

# MARY MAGDALENE'S TOMB

TODAY WE'LL VISIT THE 12TH CENTURY BASILICA BUILT OVER MAGDALENE'S TOMB. WE WILL LEARN DETAILS OF HER HISTORY AND THOSE WHO WERE DEDICATED TO PRESERVING HER LEGACY AS WE EXPLORE THE BASILICA. THEN WE CAN EACH ENTER HER TOMB AND SEE HER SKULL AND RELICS. THIS IS A POWERFUL SITE. THERE WILL BE TIME FOR MEDITATION OR FOLLOW KATHLEEN'S RITUAL FOR CONNECTING WITH THIS ENLIGHTENED WOMAN—WHOSE MAGICAL LOVING PRESENCE IS PALPABLE.

WE'LL ENJOY LUNCH ON THE PLAZA OF THE BASILICA. THEN THERE IS TIME FOR REST OR EXPLORING THE VILLAGE. AT NIGHT WE'LL ENJOY DINNER TOGETHER AT LE JARDIN.



## DAY 3 - MONDAY

# THE CAVERN

AFTER BREAKFAST AT THE INN WE WILL DRIVE 45 MINUTES THROUGH THE GORGEOUS COUNTRYSIDE TO THE LA BAUME MOUNTAINS. WE WILL WALK THE PILGRIM'S PATH UP THE MOUNTAIN (A MODERATE ONE MILE HIKE) TO THE CAVERN WHERE MAGDALENE SPENT TIME IN MEDITATION AND REFUGE. THIS IS AN ANCIENT SITE WITH A CRACKLING SPIRITUAL ENERGY VISITED FOR MILLENNIA BY ROYALTY AND COMMONERS ALIKE.

WE'LL RETURN TO THE BASE OF THE MOUNTAIN AND ENJOY LUNCH AT THE LOCAL BISTRO. THEN VISIT THE MONASTERY AND CHAPEL COVERED IN FRESCOES TELLING HER STORY. AT NIGHT WE'LL HAVE A RELAXING DINNER TOGETHER AT THE INN.



CAVERN



CAVE IN THE CLIFF

## DAY 4 - TUESDAY

# TARASCON

AFTER BREAKFAST WE WILL DEPART, DRIVING 1½ HOURS TO TARASCON. THIS ANCIENT VILLAGE SITS ALONG THE RHONE RIVER AND IS HOME TO MARTHA, MAGDALENE'S SISTER. AS WE TOUR THE CHURCH BUILT IN HER HONOR AND HOUSING HER TOMB, WE'LL DISCOVER HER AMAZING STORY TOLD IN VIBRANT ART AND REVERED BY PEOPLE OF THIS AREA FOR 2000 YEARS. MARTHA WAS A POWERFUL SPIRITUAL FORCE IN HER OWN RIGHT.

WE'LL HAVE LUNCH IN THE VILLAGE, THEN MAKE OUR WAY TO THE MAGICAL CAMARGUE REGION (45 MINUTE DRIVE), FAMOUS FOR ITS SALT MARSHES, WILD WHITE HORSES, BLACK BULLS, AND PINK FLAMINGOES. WE'LL SETTLE INTO THE LUXURIOUS INN, MAS DE LA FOUQUE.



TARASCON



TARASCON CHURCH



STE. MARTHA

## DAY 5 - WEDNESDAY

# STES. MARIES DE LA MER

TODAY WE SPEND THE MORNING ALONG THE MEDITERRANEAN SEA, THE PLACE MAGDALENE AND HER ENTOURAGE CAME ASHORE. WE'LL VISIT THE BASILICA HOUSING THE RELICS OF TWO KEY WOMEN WHO TRAVELLED WITH MAGDALENE AS WELL AS THE MYSTERIOUS YOUNG GIRL SARAH. THERE IS A LARGE CRYPT WITH AN ENIGMATIC BLACK MADONNA STATUE OF SARAH.

AFTER LUNCH IN A SEASIDE CAFE, THERE IS TIME TO EXPLORE THE VILLAGE, AN INTERESTING MIX OF SPANISH AND GYPSY (GITANE IN FRENCH) CULTURE. THEN WE CAN ENJOY A RELAXED AFTERNOON BY THE POOL OR PARTAKE IN A SPA TREATMENT.

IN THE EVENING WE'LL BE TREATED TO A THREE-COURSE GOURMET DINNER AT THE HOTEL'S FINE RESTAURANT.



MAS DEL FOUQUE



SAINTE MARIES DE LA MER

## DAY 6 - THURSDAY

# THE CAMARGUE

AFTER BREAKFAST AT THE HOTEL WE'LL VISIT THE EXCEPTIONAL ORNITHOLOGICAL PARK, WALKING ALONG THE PATHS ACROSS THE MARSH TO WITNESS THE WILDLIFE. WE'LL ENJOY A PICNIC LUNCH THERE BEFORE DRIVING 1½ HOURS TO MARSEILLE, WITNESSING THIS VIBRANT MEDITERRANEAN CITY AS WE MAKE OUR WAY TO THE BOUTIQUE HOTEL MAISON-MONTGRAND. THAT NIGHT WE'LL HAVE DINNER AT A LOCAL BISTRO.



ORNITHOLOGICAL PARK



MONTGRAND HOTEL



## DAY 7 - FRIDAY

### MARSEILLE

AFTER BREAKFAST AT THE HOTEL WE'LL GO ON A WALKING TOUR, VISITING THE ABBAYE ST. VICTOR, A 5TH CENTURY STRUCTURE WITH A MYSTICAL BLACK MADONNA, AND MYSTERIOUS CARVINGS REVEALING MORE OF MAGDALENE'S LEGACY.

WE'LL ENJOY LUNCH AT THE OLD PORT AND WALK TO THE STUNNING CATHEDRAL MAYOR AND DISCOVER THE SKULL AND RELIQUARY OF LAZARUS, MAGDALENE'S BROTHER, BRINGING TOGETHER THE STORY OF MAGDALENE'S LEGACY. THEN THERE IS TIME FOR SHOPPING OR A TWO-HOUR BOAT TRIP TO THE CALANQUES BEFORE RETURNING TO THE HOTEL.

OUR FINAL EVENING TOGETHER, WE'LL HAVE A CHAMPAGNE TOAST IN THE COURTYARD FOLLOWED BY A GOURMET MEAL.



MARSEILLE



CALANQUES

## DAY 7 - FRIDAY

# DEPARTURE

WE'LL HAVE AN EARLY MORNING SHUTTLE TO THE MARSEILLE AIRPORT (MOST INTERNATIONAL FLIGHTS LEAVE EARLY IN THE MORNING). WE SAY GOODBYE FOR NOW, EMPOWERED BY THE WEEK TOGETHER. RETURNING HOME FULL OF THE MAGIC AND RICH DISCOVERIES THIS SACRED LAND AND MAGDALENE'S LEGACY INSPIRES.

**RED SPIRIT WOMEN TOURS ARE ALL INCLUSIVE (EXCEPT AIRFARE AND SPA TREATMENTS).  
SPACE LIMITED TO 6 WOMEN.**

PLEASE RSVP BEFORE MAY 1, 2024. THERE ARE TWO TOURS AVAILABLE BUT ARE CONTINGENT UPON FILLING. INDICATE WHICH WEEK YOU PREFER AND IF THE SECOND OPTION IS A POSSIBILITY OR NOT.

### **DATES:**

SEPTEMBER 7 TO 14

SEPTEMBER 14 TO 21

### **COST:**

4895.00 US

### **CONTACT:**

[KATHLEEN@REDSPIRITWOMAN.COM](mailto:KATHLEEN@REDSPIRITWOMAN.COM)

