

RED SPIRIT WOMAN

EXCLUSIVE WOMEN'S RETREAT IN PROVENCE



FROM MAY 11TH TO 18TH, 2019

**JOIN KATHLEEN ON A MAGICAL JOURNEY INSPIRED BY THE
HISTORY OF MARY MAGDALENE IN SOUTHERN FRANCE.
AS WE FOLLOW HER FOOTSTEPS WE WILL AWAKEN THE POWER
OF OUR OWN INTUITION, RECONNECT WITH THE BEAUTY OF
NATURE AND FILL OURSELVES WITH THE ENERGY OF THE
DIVINE FEMININE WHICH PERMEATES THIS LAND.
ENJOYING WONDERFUL FRENCH WINE AND FOOD ALONG THE
WAY.**

DAY 1 - SATURDAY

ARRIVAL IN PROVENCE

PICK-UP AT MARSEILLE AIRPORT BETWEEN 10:00AM AND NOON. OUR VAN WILL TAKE YOU TO THE BOUTIQUE HOTEL, BASTIDE SAINT-DIDIER, LOCATED AN HOUR FROM MARSEILLE NESTLED IN THE HEART OF PROVENCE. SETTLE INTO YOUR COMFORTABLE ROOM AND ENJOY LUNCH IN THE COURTYARD. THERE IS TIME FOR A NAP BY THE POOL OR A LEISURELY WALK TO THE QUAIN T VILLAGE OF SAINT-DIDIER. THAT EVENING WE WILL GATHER FOR AN INTRODUCTION TO THE WEEK'S PROGRAM AND ENJOY A TAROT SALON BEFORE DINNER.



BASTIDE-SAINT-DIDIER HOTEL



DAY 2 - SUNDAY

ISLE-SUR-LA-SORGUE

IN THE MORNING WE HEAD TO ISLE-SUR-LA-SORGUE, A VERY LIVELY AND COLOURFUL TOWN FAMOUS FOR THE ANTIQUES SHOPS AND ITS SUNDAY OUTDOOR MARKET. STROLL ALONG THE BEAUTIFUL STREETS AND MARKET (A GREAT PLACE FOR GIFTS AND SOUVENIRS) AND LUNCH AT A POPULAR RESTAURANT ALONG THE RIVER. IN THE AFTERNOON BACK TO THE HOTEL WITH TIME TO RELAX AND LOOK AT ONE OF THE SPIRITUAL BOOKS OR ORACLE DECKS AT THE BOOK TABLE. THAT EVENING WILL BE A MARY MAGDALENE PRESENTATION FOLLOWED BY DINNER IN THE COURTYARD.



L'ISLE-SUR-LA-SORGUE



DAY 3 - MONDAY

SAINT-MAXIMIN LA SAINTE BAUME

TODAY WE START EARLY AND DRIVE EAST TO THE VILLAGE OF ST. MAXIMIN TO VISIT THE BASILICA BUILT IN 1295 OVER THE CRYPT OF MARY MAGDALENE. WE WILL LEARN MORE DETAILS OF HER HISTORY AS WE WALK THROUGH THE BASILICA AND VISIT THE CRYPT UNDERGROUND. WE WILL HAVE A TASTY LUNCH IN THE CENTER OF THE VILLAGE AND DRIVE TO THE SAINT BAUME MOUNTAINS. HERE WE WILL TAKE THE PILGRIM'S PATH (A MODERATE 45 MINUTE HIKE) TO THE CAVERN WHERE MAGDALENE SPENT TIME IN MEDITATION AND REFUGE. THIS IS A POWERFUL SITE WITH A CRACKLING SPIRITUAL ENERGY VISITED FOR MILLENNIA BY ROYALTY AND COMMONERS ALIKE TO PAY HOMAGE TO THE WOMAN AND HER LEGACY. THAT NIGHT WE RETURN FOR A LATE DINNER AT THE INN.



THE CAVE IN THE CLIFF



TOMB

DAY 4 - TUESDAY

SAINTES-MARIES-DE-LA-MER

IN THE MORNING WE WILL STOP AT TARASCON TO DISCOVER MARTHA, MAGDALENE'S SISTER WHO BECAME A GREAT HEROINE OF THE VILLAGE. THEN WE WILL DRIVE TO THE CAMARGUE REGION, FAMOUS FOR ITS MARSHLANDS, WILD WHITE HORSES, BLACK BULLS, AND PINK FLAMINGOS, ARRIVING AT THE SEASIDE VILLAGE OF SAINTES-MARIES-DE-LA-MER. THE BOAT CARRYING MARY MAGDALENE AND HER GROUP CAME ASHORE HERE. THE BASILICA HOUSES THE RELICS OF TWO OF THE MARYS AND THE ENIGMATIC YOUNG SARAH. IN THE UNDERGROUND CRYPT WE WILL SEE THE BLACK MADONNA SARAH AND LEARN MORE OF THE LOCAL HISTORY.



SAINTE-MARIE-DE-LA-MER



WE WILL GO TO THE ORNITHOLOGICAL PARK FOR A PICNIC, AND TAKE A LEISURELY WALK AMONGST THE BIRDS AND DRINK IN THE MAGIC OF THE CAMARGUE. THAT EVENING WILL BE A PRESENTATION ON THE BLACK MOON LILITH, AND HER SIGNIFICANCE ON EACH PARTICIPANT'S ASTROLOGICAL CHART, FOLLOWED BY A WONDERFUL DINNER AT THE INN.

DAY 5 - WEDNESDAY

GORDES & CRILLON-LE-BRAVE

INSPIRATION, LOCAL BEAUTY, AND WINE GUIDE US TODAY. IN THE MORNING THERE WILL BE A NUMEROLOGY WORKSHOP, GIVING US AN OPPORTUNITY TO LOOK AT WHERE WE ARE IN OUR LIFE CYCLE. THEN A SHORT DRIVE TO THE MOUNTAINTOP MEDIEVAL VILLAGE OF GORDES WHERE WE ENJOY THE VIEWS, CASTLE AND ALLEYWAYS WITH ALL KINDS OF HIDDEN TREASURES. WE'LL LUNCH BY THE CASTLE AND ON THE RETURN DRIVE, STOP BY THE 12TH CENTURY SENANQUE ABBEY, A PLACE WITH SECRETS OF ITS OWN.



GORDES



SENANQUE ABBEY

IN THE EVENING, WE HEAD TO THE NEARBY VILLAGE OF CRILLON-LE-BRAVE TO ENJOY A WINE TASTING WITH A RENOWNED SOMMELIER AND HAVE A GOURMET DINNER ON THE TERRACE OF THE LUXURY HOTEL WHICH OFFERS DRAMATIC VIEWS OF MOUNT VENTOUX. THIS IS THE NIGHT TO DRESS UP AND FEEL BEAUTIFUL.



CRILLON-LE-BRAVE

DAY 6 - THURSDAY

MARSEILLE

WE WILL HEAD TO MARSEILLE AND VISIT SAINT-VICTOR. A FIFTH CENTURY ABBEY BUILT BY JEAN CASSIEN, WHO WAS CONNECTED TO THE PROTECTION OF MARY MAGDALENE'S CAVERN IN LA BAUME. THERE IS A LARGE STONE CARVING OF HER IN THE WALL OF THE CRYPT AS WELL AS ANOTHER MYSTERIOUS BLACK MADONNA STATUE.



ABBEY SAINT-VICTOR



MARSEILLE



CALANQUES

AFTER A FRESH SEAFOOD LUNCH, WE'LL WALK AROUND THE HARBOUR OF THIS BEAUTIFUL PORT CITY AND VISIT ANOTHER AMAZING RELIC IN THE MAJOR CATHEDRAL, WITNESSING MORE OF THE SPIRITUAL CULTURE OF THIS PLACE. WE WILL THEN TAKE A SCENIC BOAT RIDE ON THE MEDITERRANEAN SEA THROUGH THE MAJESTIC CALANQUES. RETURNING TO THE BASTIDE FOR A RELAXING DINNER.

DAY 7 - FRIDAY

A MEMORABLE WINE EXPERIENCE

IN THE MORNING WE WILL HAVE A POWERFUL GUIDED MEDITATION AND PREPARE TO WALK THE PATH TO NOTRE DAME DES ANGES, AN ANCIENT CHAPEL RENOWNED FOR HEALING. AFTER LUNCH IN THE COURTYARD WE WILL LEAVE FOR THE BOUTIQUE WINERY DOMAINE DU TIX. THERE WE WILL HIKE THE PATH UP THE HILL TO THE CHAPEL AND RING THE BELL, OUR FINAL CEREMONY AND THEN RETURN FOR A TOUR OF THE VINEYARD. AFTERWARD WE CAN ENJOY PLAYING PETANQUE, EXCELLENT WINES AND A BBQ DINNER AT OUR HOME, CELEBRATING THE BEAUTY AND MAGIC OF PROVENCE ON OUR LAST EVENING TOGETHER.



DOMAINE DU TIX WINERY

DAY 8 - SATURDAY

DEPARTURE

AFTER A LIGHT BREAKFAST WE WILL HAVE AN EARLY DRIVE TO MARSEILLE AIRPORT FOR THE DEPARTING FLIGHTS. WE SAY GOODBYE EMPOWERED BY THE WEEK TOGETHER. RETURNING HOME FULL OF THE MAGIC AND RICH DISCOVERIES MEANT TO UPLIFT AND INSPIRE.

RED SPIRIT WOMAN RETREATS ARE ALL INCLUSIVE (EXCEPT AIRFARE AND PERSONAL EXPENSES). SPACE LIMITED TO 6 WOMEN. PLEASE RESERVE BY JANUARY 15TH 2019.

COST: 3950.00 US

